



THE COLLABORATOR

Summer Edition 2017



Welcome to the First Edition of "[The Collaborator](#)," a quarterly news flash from Elgin Partnership for Early Learning. I will share ways EPEL is collaborating in the community, working toward the goal of having all children ready for kindergarten and being successful in life. The Summer Edition will focus on tools for your toolbox that is available to the families you serve that are birth to 5.

If you are receiving this news flash, it is because you are a VIP "Very Important Person" in the life of a child or family. Your daily work touches a child or family, supports our community, and the families we all serve. Your dedication to children can't be topped!

EPEL's job is to bring everyone together to serve and respond to the needs of the

community so we can all do our very best to impact a child's life. I am here to support your efforts and celebrate you! As you may have heard me say before, these are not my children or your children; they are "Our" children. So as a sign my correspondence, "Together We Can," it is a reminder that it takes our whole community to raise our children.

Together We Can,

Amber Peters

Collaboration Director

Save the Date

Collaboration Meeting, Friday, October 6 where we will have further dialogue about how we can work together to serve the children of our community. Details soon!

Did you know EPEL has an
844-KID-INFO line?

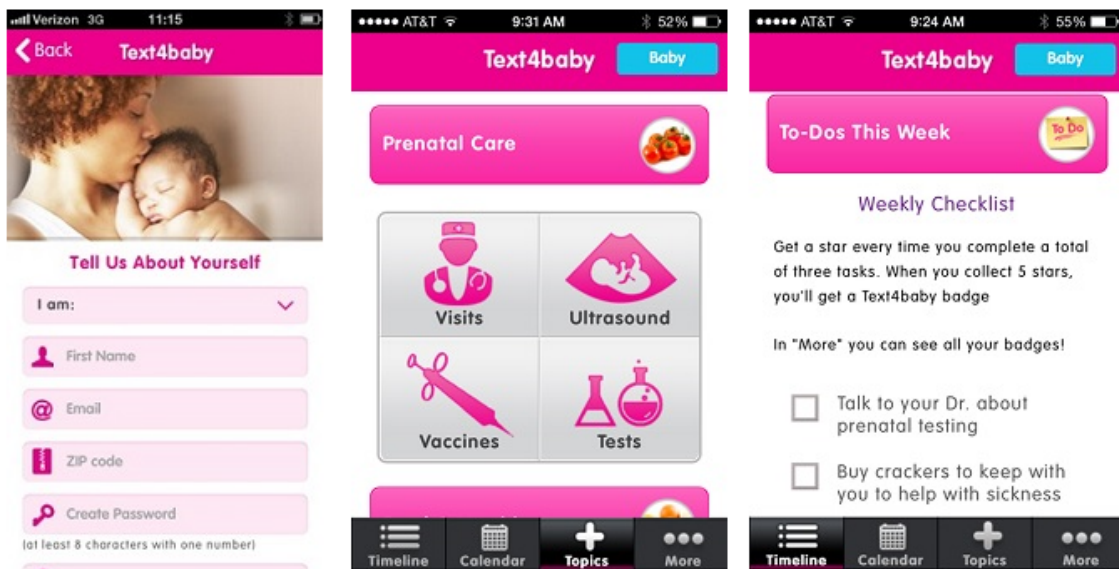


EPEL offers a Parent Info Line which you can access by dialing 1-844-KID-INFO. This resource is available 24/7 and will connect parents with community support and information about services they need to ensure their children are safe and healthy. Parents who call the KID Info Line will have different options to choose from, depending on the need they are experiencing. When calling, parents might be prompted to leave a voicemail and should expect a call back within 24 hours. ** The Parent Info Line is also available for Spanish-speaking parents. **

Free App!

Free Text4baby App!

The free Text4baby app makes it even easier for you to get critical health and safety information!



As the perfect companion to the text messages, you can get more health and safety tips and access fun, interactive features, including:

- How your baby is growing each week
- Your progress and medical updates
- Appointment reminders
- Fun quizzes

Text4baby is not just for texting anymore! Now a free app gives text messages and more for expecting and new parents, grandparents, and caregivers! This new

addition is information on how to foster language development through talking,

singing, and playing! Click [here](#) for more info on Text4Baby!

Pass this great app onto neighbors, families, and friends!

Free Tools

Tools for your Toolbox:

Born Learning Materials are tools for parents and caregivers that offer developmental milestones for each age, birth to 5. They contain facts and best practices for each age.

Click [here](#) for the online version in

English and Spanish.

*****EPEL has these materials available to the families you serve. Contact us!**

 bornlearning®

your child @™

18 to 24 months

highlights of what's happening at this stage of your child's development ...

Your child is becoming his own person. Watch him as he starts to walk, run, and climb with ease.



Your child's health

The Well Visit Your child will get vaccinations at 18 months and will have a well visit again at 24 months.

Let your doctor know if your baby:

- Cannot walk on his own.
- Walks only on his toes.
- Does not speak at least 15 words.
- Does not know how to use common objects like a brush, telephone, fork, or spoon.

Nutrition By 18 months, your child should:

- Eat most foods cut up into small pieces.
- Be drinking from a cup rather than a bottle.

Sleep

Your child should sleep about 14 hours a day. She may now take only one nap a day, usually from about 1 to 3 pm. She should go to bed between 6 and 8 pm.

Nurturing your child

Behavior Your child is starting to understand rules and consequences. So, it is time to teach your child the right way to behave.

- Praise good behavior. If you point out the good things your child does, he will want to do more of them.
- Ignore small things.
- Never spank. If you are angry, count to 10 before reacting.
- Limit your use of the word "no."
- Be consistent with your rules.

Made possible through the generous support of the A.L. Malinau Family Foundation.

Source: Your Baby's First Year and Caring for Your Baby and Young Child, American Academy of Pediatrics, Steven F. Berkley, MD, FAAP, editor-in-chief, International Children's Center and Richard Lee Remick, MD, PhD, FAAP, editor-in-chief, American Academy of Pediatrics, 2011.

Check out this blog!

Welcome to the

Ready ... Set ... Read

blog from the Gail Borden Public



Library Early Learning Center! This blog will help you stay informed about ways you can help your child get Ready to Read through fun activities, entertaining books, playful songs and much more. Share this [blog](#) with the families you serve.



The Elgin Partnership for Early Learning



Elgin Partnership for Early Learning partners with you to serve our children!



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Our Mission: The Elgin Partnership for Early Learning (EPEL) collaborates with partners to ensure that children are supported in becoming ready for kindergarten.

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