

# Going to Kindergarten?

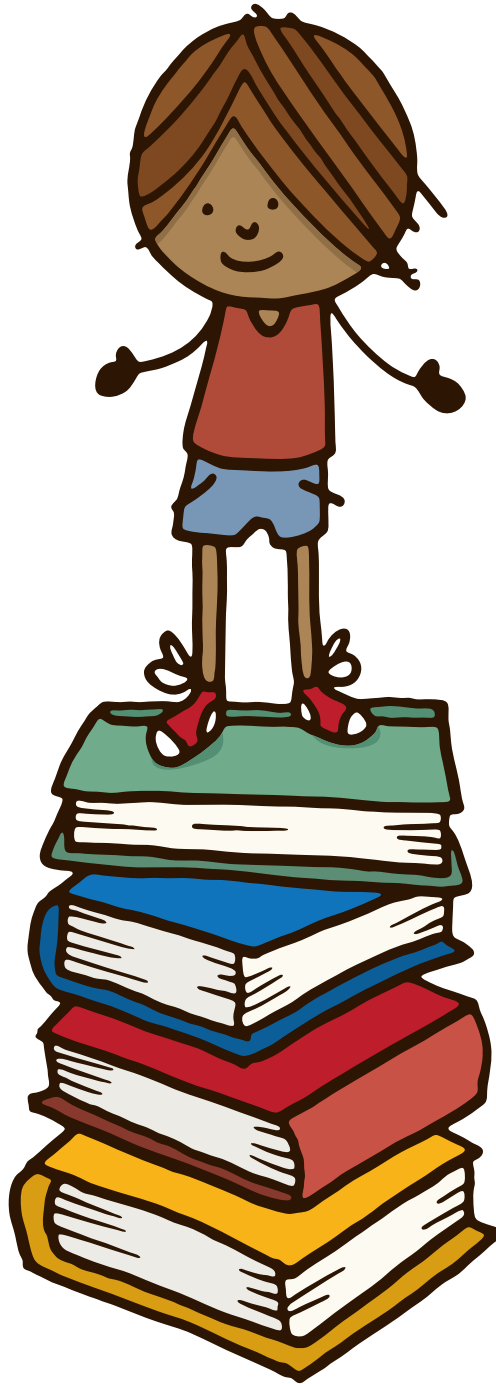
*Getting required health checks, practicing key skills, and visiting your new school can help your child make a smooth transition.*

## Time for a checkup

- Children entering kindergarten must have a physical exam, dental exam, and eye exam.
- Immunizations are required for kindergarten entry. Talk to your health care provider or call the Illinois Public Health Department at (217) 782-4977 if you aren't sure which immunizations are required.

## Visit your new school

- Call the school office if you have questions about what to expect.
- Attend special visiting days your school may offer for parents and children, including kindergarten screenings.



## Practice kindergarten skills

- Explore pencils, crayons, and child-size scissors.
- Practice saying full name and how you get to and from school.
- Hang up a coat, go to the toilet, and wash hands without help.
- Follow simple rules and take turns.

## What if my child needs special help?

Some children need extra support. Call your local school district office to find out about developmental screenings and other services.

Any opinions, findings, conclusions, or recommendations expressed in this tip sheet are those of the author(s) and do not necessarily reflect the views of the Illinois State Board of Education.



13 Children's Research Center  
University of Illinois at Urbana-Champaign  
51 Gerty Dr. • Champaign, IL 61820-7469  
Telephone: 217-333-1386  
Toll-free: 877-275-3227  
E-mail: [iel@illinois.edu](mailto:iel@illinois.edu)  
<https://illinoisearlylearning.org>

Illinois State  
Board of Education